

Newborn Behavioural Observations Systems Training (NBO)

Tuesday 12th – Wednesday 13th October 2010
Addenbrooke's Hospital, Cambridge

This training course is for all practitioners who work with infants from birth to 3 months old. Based on the Brazelton Neonatal Behavioural Assessment Scale (NBAS)*, it is an introduction to newborn behavioural states, stress signs and self-regulatory abilities. The NBO provides strength-based, individualised information and anticipatory guidance about the infant's behaviour, as well as enhancing the practitioner-parent relationship, and parent-baby relationship. The two day course is followed by self-practice on 5 infants and submission of recording forms and a short parent questionnaire for an NBO Certificate of Completion.

* The NBAS is recommended in the CHPP 2008 (now the Healthy Child Programme), Department of Health, Flying Start programme by the Welsh Assembly and for the Heads Up programme by the Scottish government.

Cost: £295 / £265 for East of England Trainees **
(Max 15 delegates)

Please bring a baby doll, such as a doll used for infant massage

****NBO manual not included in course cost. It is a compulsory requirement of this course that YOU purchase the manual (in the region of £50).**

Name of manual: 'Understanding Newborn Behaviour and Early Relationships: The Newborn Behavioural Observations (NBO) System Handbook (2007) ISBN 9781557668837

The manual can be found in most good bookshops or online.

Course Organisers: Joanna Hawthorne & Betty Hutchon
(Brazelton Centre in Great Britain), Dr Anna Curley

the Brazelton Centre

Promoting an understanding of infant behavior

