

Newborn Behavioural Observations Systems Training (NBO)

Tuesday 12th - Wednesday 13th October 2010

David Dunn Suite, Addenbrooke's Hospital, Cambridge

This is a two day workshop which will be run by Joanna Hawthorne, Psychologist, Director and Trainer at the Brazelton Centre and Betty Hutchon, Head of Paediatric Occupational Therapy, Royal Free Hospital and Trainer at the Brazelton Centre.

Suitable for all practitioners who work with infants from birth to 3 months old.

Programme

Tuesday

- 08.30 Registration and coffee
- 09.00 Pre training questionnaires
- 09.30 Welcome and overview
- 09.45 What is NBO? Goals and objectives for training
- 10.15 General Principles of Newborn and Infant behaviour and Development and theoretical basis for the use of the NBO
- 11.15 Coffee
- 11.30 The NBO step by step- Administration-NBO with doll
- 13.00 Lunch
- 14.00 Review and introduction of afternoon session
- 14.15 Using the NBO to build relationships
- 15.00 Coffee
- 15.15 NBO behavioural profile
- 16.00 NBO with doll
- 16.30 Close

Wednesday

- 08.30 Registration and coffee
- 09.00 Review of day 1 and overview of today
- 09.15 What we know about high-risk infant development
- 10.30 Coffee
- 10.50 Presentation of live NBO session
- 11.30 Live NBO session
- 12.15 Recording form and summary of NBO
- 13.00 Lunch
- 13.45 Review of morning
- 14.00 Refining your observational skills
- 14.30 NBO with doll in small groups
- 15.15 Implementing the NBO in practice- Discussion
- 15.40 Summary; post-training questionnaires
- 16.00 Close

Please note: The NBO manual is not included in the course cost. It is a compulsory requirement of this course that you purchase the manual (in the region of £50)

Name of manual: 'Understanding Newborn Behaviour and Early Relationships: The Newborn Behavioural Observations (NBO) System Handbook (2007)'
ISBN 9781557668837

The manual can be found in most good bookshops or online.

Please bring a baby doll such as a doll used for infant massage.

For further details please contact Nicole Chubbuck
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Course Organisers: Joanna Hawthorne, Betty Hutchon, Anna Curley