



# Requirements for Organising Group Training

Our Brazelton trainers will come to your group to deliver the training on the dates and venue you have arranged. We ask that you organise the following for the two days:

1. Please **book a venue** large enough to accommodate the number of people to be trained. The size and layout of the room for the training should ideally be similar to the room shown in the photograph. **Darkening** of the room needs to be possible in order to show video clips and PowerPoint presentations. Ideally windows should have curtains or blinds.



2. **Tables** for trainees to work around. Ideally set up in a horseshoe shape with attendees sitting at the tables. The trainees will need to have enough room to practice with a doll and for their book, hand-outs and kit.
3. A **projector, screen and sound facility** (speakers, so that everyone can see and hear the DVD when it is played) and also a flip chart.
4. For the session with a baby on the second day - one each of: **baby mat** (thick), **towel**, thin **baby blanket**, **vinyl rubber gloves**, tissues and kitchen towel (for spills). These items will be used by the trainers and not required for the people attending the training.
5. Attendees to bring a **doll** to practise on (with moveable arms and legs). A teddy bear type soft toy will also be fine if you do not have a doll.
6. **Refreshments and lunch** for the trainees and trainers.

## **Baby Demonstration**

A baby and parent(s) is needed on the **second** day of the training for a live demonstration. They should ideally arrive at the training location about 10.45am. They will be required for about 45 minutes. If a Health Visitor who is attending the course can locate a baby, that helps as they know the parents and baby (although it is best if the invited family and baby are not relatives of the trainees). **When you are choosing baby, it is best to find a second or subsequent healthy full-term baby (no twins please) with no ongoing problems aged between 2-6 weeks old. Usually a first-time mother may not be as confident as a mother who has already had a child/children.** It is customary to thank the mother with a coupon or a small gift for the baby but this is at the discretion of the host venue.

**There are further requirements for the organiser to be responsible for arranging and communicating to the trainees. You will be informed about these by our training manager.**