



Brazelton Centre UK

understanding baby behaviour

Charity Registration number: 1158765

Brazelton Centre UK CIO

Bursary Policy

Approved: 26/01/2022

Review: Annually

Next Review: 26/01/2023

This policy contains an overview of the Bursary Schemes currently available at the Brazelton Centre UK. The Policy, together with the application form, is made available to all practitioners working with newborn infants on request.

AIMS

The Brazelton Centre UK acknowledge there are restricted funds for training and development in some professions and countries, as well as personal financial restraints. The aims of the Bursary Policy are therefore:

- To support professionals working with newborn infants in accessing the Newborn Behavioural Observation (NBO) and Neonatal Behavioural Assessment Scale (NBAS) training in the UK and in low to middle income countries
- To provide training as a public benefit on a sustainable basis
- To meet and, if possible, exceed the Charity Commission's public benefit requirements on a sustainable basis

INTRODUCTION

The Brazelton Centre UK is a registered charity that is committed to providing public benefit. The charity is aware of its obligations under the Charities Act 2011 and seeks to adhere to the public benefit principles identified by the Charity Commission.

Brazelton Centre UK works to promote healthy parent-baby relationships through an understanding of baby behaviour and communication. Our chief activity is the provision of two

evidence-based and quality-assured training courses, the Neonatal Behavioural Assessment Scale (NBAS) and the Newborn Behavioural Observations (NBO)[™] system. These unique programmes are delivered to health and care professionals, particularly those working with parents and babies from birth to 3 months old.

The NBAS was developed in 1973 by Dr. T. Berry Brazelton, (Emeritus Professor of Paediatrics at Harvard University and Boston Children's Hospital), and later with Professor J. Kevin Nugent (1973). The NBO was developed in 2007 by Professor Nugent and colleagues. The two courses cover the theory and concepts of each tool, along with a detailed assessment of baby behavioural states and systems, and self-regulation in the NBAS. They both include the observation of a live administration with parents and a real baby. To gain certification as a qualified practitioner of NBO and NBAS, trainees are required to complete a self-practice phase which is assessed to ensure a high standard is achieved.

In 2009, the NBAS was recommended in the Healthy Child Programme by the Department of Health and Social Care. In 2013, both the NBAS and NBO were recognised by the Wave Trust in their 1001 Critical Days Manifesto. Between 2014 and 2016, the NBO and the NBAS were recommended in the National Health Visiting Core Service Specification (2014/15, 2015/16, NHS England) and Specialist Health Visitors in Perinatal and Infant Mental Health (2016, NHS Health Education).

In the last year (2021), both NBO and NBAS interventions have received a quality assurance seal from the Infant Mental Health Recognition Register (IMHRR). They have also both been recognised and recommended in the Parent-Infant Foundation online Infant Mental Health Training Resources for Professionals and listed as part of 'Parent support and empowerment' in the British Association of Perinatal Medicine: Family Integrated Care - A Framework for Practice (2021).

The charity offers different bursaries available to professionals in the UK and worldwide.

Due to the limited financial resources of the charity, not every eligible application for a bursary will be successful.

The value of the individual bursaries is 100% of the course fees for both the NBO and NBAS. The student will be responsible for any other costs occurred such as personal travel, accommodation etc where required.

BURSARIES

EILEEN HAYES BURSARY

The Eileen Hayes Fund was established in 2018 from which we have been able to provide a number of bursary places. The Eileen Hayes Bursary has six fully funded NBO places and two fully funded NBAS places available per year, advertised through our social media and on our website. We encourage professionals to apply in pairs in order to be able to support each other with both certification and implementation of the NBO. Individuals can also apply. Applications are accepted from professionals working in the UK, who would like to make a difference when working with newborn babies and their families.

REACH BEYOND BURSARY

The Reach Beyond bursary was launched in 2022 as part of the charity's strategic goal of improving diversity and inclusion. The bursary, which is funded by the Brazelton Centre UK, has set up to give opportunities to those in low to middle income countries to train in the NBO and NBAS, where it would otherwise not be financially possible. The Reach Beyond bursary has six fully funded NBO places and two NBAS places per year.

WHAT THE BURSARIES COVER

Each bursary award includes:

- 2-day NBO/NBAS course fully funded
- All training kit and materials free of charge
- Post-training support and certification free of charge, including a certification pack of resources

The bursary does not cover any cost beyond those listed above, such as any travel and accommodation involved with attending the training course.

ELIGIBILITY

Eileen Hayes Bursary: This bursary is available to any professional working with newborn babies and their families in the UK.

Reach Beyond Bursary: This bursary is available to any professional working with newborn babies and their families in low-middle income countries.

APPLICATION

Individuals applying will be required to fill the relevant application form and write a supporting statement, submitting these by the deadline, if applicable.

SELECTION

Selection of successful candidates will be at the judgement of the Brazelton Executive team, led by the Director. All applications will be read with care and a decision will be based on those the team believes best fulfil the application criteria, including:

- Someone who would otherwise not have the means to fund a training place.
- Someone who demonstrates how they will implement and embed their training to make a transformative difference to the families in their care.

CONDITIONS APPLYING FOR BURSARY AWARDS

By accepting the bursary, the individual commit to the below terms:

- Certification within 6 months for NBO and 12 months for NBAS.
- Reports sent to the Brazelton Centre UK at three months, six months and one year following certification detailing how the NBO/NBAS is being implemented and the impact on families that has been observed. Reports will preferably include at least one photo and one piece of feedback from a parent and/or manager. Photos, quotes and feedback will be used by the Brazelton Centre for their website and social media, with permission from the individual.

N.B. The terms for accepting the bursary place will be made clear on the Brazelton Centre UK website and on the application form.

DATA PROTECTION

The charity processes all personal data in accordance with data protection law. Please see the charity Privacy Policy on the charity's website for more information about how the charity processes personal data about individuals.

Inge Nickell 15.1.22

Sarah Lam 19.1.22