



WHAT 'SEEING THE BABY' MEANS...



Recognising their communication –

Noticing and valuing the ways babies express themselves through their behaviour (their body language), showing how they are feeling and what they may need.



Empathising with their world – Putting ourselves in a baby's shoes to appreciate their perspective. 'Seeing' goes beyond looking; it means understanding and caring about what babies are experiencing.



Honouring their individuality – Recognising that each baby is already a unique person with their own personality, preferences, strengths and needs, and tailoring our interactions and care to them as individuals.

